

## **Care Partner**

## Guide to **EPKINLY**

Approved to treat adults with diffuse large B-cell lymphoma (DLBCL) that has returned or that didn't respond after 2 or more prior treatments





**DLBCL** 

Actor portrayals.

#### What is EPKINLY?

EPKINLY is a prescription medicine used to treat adults with certain types of diffuse large B-cell lymphoma (DLBCL) and high-grade B-cell lymphoma that has come back or that did not respond to previous treatment after receiving 2 or more treatments. EPKINLY is approved based on patient response data. A study is ongoing to confirm the clinical benefit of EPKINLY. It is not known if EPKINLY is safe and effective in children.

#### SELECT IMPORTANT SAFETY INFORMATION

#### **EPKINLY can cause serious side effects, including:**

- Cytokine release syndrome (CRS), which is common during treatment with EPKINLY and can be serious or life-threatening.
- Neurologic problems that can be life-threatening and lead to death.
- Infections and Low blood cell counts.

Please see additional Important Safety Information, including Important Warnings for CRS and neurologic problems, on pages 10-11. Please see Medication Guide.

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## Supporting someone you care about

As a Care Partner, you are an integral part of your loved one's healthcare team. In this role, you may help with decision-making along with providing emotional, medical, or logistical support.

In recognizing that you play an important role, we are dedicated to helping you support yourself as you care for your loved one throughout their treatment with EPKINLY.



## Your role as a Care Partner

## Some responsibilities you may take on during your loved one's treatment:



#### **Decision-making**

Researching clinical trials and treatment options, helping to consider treatment choices, and being an advocate for your loved one



#### **Emotional**

Encouraging your loved one to share their feelings and helping them feel supported



#### Medical

Helping watch for potential side effects, attending appointments, and ensuring they have what they need throughout their treatments



#### Logistical

Scheduling and driving them to appointments, running errands, and assisting with daily needs

**Tip:** Take time with your loved one to set clear expectations about what responsibilities you may be taking on during their treatment journey.



## Helping to make treatment decisions

As a Care Partner, you can be an advocate for your loved one by working with the healthcare team to decide on a treatment plan and supporting your loved one through the treatment process. Here are some steps that may help:



1 Gather information

Try connecting with your loved one's healthcare team, other Care Partners, or using online resources such as cancer.gov to research clinical trials and learn from others who have experience with DLBCL.

2 Understand the goals of your loved one and their healthcare team

What is important as you both are considering the next treatment option?

3 Consider potential risks and benefits of therapies

Use your understanding of the information you've learned to weigh each option.

4 Consider personal preferences and goals of treatment

Assess how each option fits in with your loved one's life.

Make a decision together with your loved one and their healthcare team

When everyone agrees on a plan, it can make for a smoother and potentially less frustrating treatment experience.



## Remission is possible

## EPKINLY delivers powerful efficacy that can transform uncertainty into hope

The goal of EPKINLY is to help patients achieve long-term remission. Learn about the results that were seen in the clinical study with EPKINLY.

EPKINLY is approved based on patient response data. A study is ongoing to confirm the clinical benefit of EPKINLY.

## In the clinical study:



61%

EPKINLY helped 61% of patients (90 of 148) achieve **complete or partial remission** (signs of cancer either disappeared or decreased) 38%

#### **Complete remission**

EPKINLY helped 38% of patients (56 of 148) achieve complete remission (signs of cancer disappeared completely)

23%

#### **Partial remission**

EPKINLY helped 23% of patients (34 of 148) achieve partial remission (signs of cancer decreased)

15.6 months

**Of the 90 patients** who achieved complete or partial remission, half were estimated to still respond to EPKINLY for **at least 15.6 months** 

#### **SELECT IMPORTANT SAFETY INFORMATION**

#### Important Warnings—EPKINLY can cause serious side effects, including:

- Cytokine release syndrome (CRS), which is common during treatment with EPKINLY and can be serious or life-threatening. To help reduce your risk of CRS, you will receive EPKINLY on a step-up dosing schedule (when you receive 2 smaller step-up doses of EPKINLY before your first full dose during your first cycle of treatment), and you may also receive other medicines before and for 3 days after receiving EPKINLY. Your first full dose will be given on day 15 of your first cycle of treatment and you should be hospitalized for 24 hours after due to the risk of CRS and neurologic problems. If your dose of EPKINLY is delayed for any reason, you may need to repeat the step-up dosing schedule.
- **Neurologic problems** that can be life-threatening and lead to death. Neurologic problems may happen days or weeks after you receive EPKINLY.

Please see additional Important Safety Information, including Important Warnings for CRS and neurologic problems, on pages 10-11. Please see Medication Guide.







Patients who achieved complete or partial remission started seeing results in as few as 6 weeks (median\* of 1.4 months; time varied from 1 to 8.4 months).

#### **How was EPKINLY studied?**

EPKINLY was studied in 148 patients with DLBCL who had 2 or more treatments and whose cancer returned or did not respond.

Patients had been through a median\* of 3 different types of treatments (range of prior treatments was 2 to 11), such as chemotherapy, immunotherapy (uses your body's immune system to help fight cancer), stem cell transplant, and CAR T therapy (chimeric antigen receptor T cell).

#### SELECT IMPORTANT SAFETY INFORMATION

Tell your healthcare provider or get medical help right away if you develop a fever of 100.4°F (38°C) or higher; dizziness or lightheadedness; trouble breathing; chills; fast heartbeat; feeling anxious; headache; confusion; shaking (tremors); problems with balance and movement, such as trouble walking; trouble speaking or writing; confusion and disorientation; drowsiness, tiredness or lack of energy; muscle weakness; seizures; or memory loss. These may be symptoms of CRS or neurologic problems. If you have any symptoms that impair consciousness, do not drive or use heavy machinery or do other dangerous activities until your symptoms go away.



<sup>\*</sup>The median is the number that is exactly in the middle of the range seen in the study.

# Unlike an infusion that may take time to administer, EPKINLY is given as an injection

Your loved one may be given treatment at a location that is able to administer EPKINLY, such as their oncologist's office or a nearby outpatient center.



## To increase tolerability and help limit the potential for and severity of CRS, EPKINLY uses a "step-up" dosing schedule

During the first 2 weeks of treatment, your loved one will receive smaller "step-up" doses than the doses they will receive in week 3 and for the rest of their treatment.

- Before and for 3 days after each dose of EPKINLY in their first 4 weeks of treatment, they
  will receive other medicines to help reduce their risk of CRS. Their healthcare provider
  will decide if they need to receive medicine to help reduce their risk of CRS in later
  doses of EPKINLY
- The healthcare provider will discuss with them the need to be hospitalized for 24 hours after their first full dose of EPKINLY (week 3/3rd dose) due to the risk of CRS and neurologic problems
- They may have side effects during treatment. Their healthcare provider will monitor them for symptoms of CRS, neurologic problems, infections, and low blood cell counts. Their treatment may be temporarily or completely stopped if they develop certain side effects
- If their dose of EPKINLY is delayed for any reason, they may need to repeat the step-up dosing schedule





# Ongoing treatment with EPKINLY may help ensure the medicine keeps working in your body to help you maintain remission

- Patients will receive EPKINLY for as long as their healthcare provider finds it is working for them and their side effects are manageable
- Your loved one's healthcare provider may delay or completely stop treatment with EPKINLY if certain side effects are experienced

#### SELECT IMPORTANT SAFETY INFORMATION

#### **EPKINLY** can cause other serious side effects, including:

- Infections that may lead to death. Your healthcare provider will check you for signs and symptoms of infection before and during treatment and treat you as needed if you develop an infection. You should receive medicines from your healthcare provider before you start treatment to help prevent infection. Tell your healthcare provider right away if you develop any symptoms of infection during treatment, including fever of 100.4°F (38°C) or higher, cough, chest pain, tiredness, shortness of breath, painful rash, sore throat, pain during urination, or feeling weak or generally unwell.
- Low blood cell counts, which can be serious or severe. Your healthcare provider will check your blood cell counts during treatment. EPKINLY may cause low blood cell counts, including low white blood cells (neutropenia), which can increase your risk for infection; low red blood cells (anemia), which can cause tiredness and shortness of breath; and low platelets (thrombocytopenia), which can cause bruising or bleeding problems.

Your healthcare provider will monitor you for symptoms of CRS, neurologic problems, infections, and low blood cell counts during treatment with EPKINLY. Your healthcare provider may temporarily stop or completely stop treatment with EPKINLY if you develop certain side effects.

Please see additional Important Safety Information, including Important Warnings for CRS and neurologic problems, on pages 10-11. Please see Medication Guide.

## **Important Safety Information**

#### What is EPKINLY?

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- Neurologic problems that can be life-threatening and lead to death.
   Neurologic problems may happen days or weeks after you receive EPKINLY.

**Tell your healthcare provider or get medical help right away** if you develop a fever of 100.4°F (38°C) or higher; dizziness or

lightheadedness; trouble breathing; chills; fast heartbeat; feeling anxious; headache; confusion; shaking (tremors); problems with balance and movement, such as trouble walking; trouble speaking or writing; confusion and disorientation; drowsiness, tiredness or lack of energy; muscle weakness; seizures; or memory loss. These may be symptoms of CRS or neurologic problems. If you have any symptoms that impair consciousness, do not drive or use heavy machinery or do other dangerous activities until your symptoms go away.

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# Important Safety Information (cont'd)

Your healthcare provider will monitor you for symptoms of CRS, neurologic problems, infections, and low blood cell counts during treatment with EPKINLY. Your healthcare provider may temporarily stop or completely stop treatment with EPKINLY if you develop certain side effects.

Before you receive EPKINLY, tell your healthcare provider about all your medical conditions, including if you have an infection, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed. If you receive EPKINLY while pregnant, it may harm your unborn baby. If you are a female who can **become pregnant**, your healthcare provider should do a pregnancy test before you start treatment with EPKINLY and you should use effective birth control (contraception) during treatment and for 4 months after your last dose of EPKINLY. Tell your healthcare provider if you become pregnant or think that you may be pregnant during treatment with EPKINLY. Do not breastfeed during treatment with EPKINLY and for 4 months after your last dose of EPKINLY.

# include CRS, tiredness, muscle and bone pain, injection site reactions, fever, stomach-area (abdominal) pain, nausea, and diarrhea. **The most common severe abnormal laboratory test results** include decreased white

The most common side effects of EPKINLY

blood cells, decreased red blood cells, and decreased platelets.

These are not all of the possible side effects of EPKINLY. Call your doctor for medical advice about side effects. You are encouraged to report side effects to the FDA at (800) FDA-1088 or <a href="https://www.fda.gov/medwatch">www.fda.gov/medwatch</a> or to Genmab US, Inc. at 1-855-4GENMAB (1-855-443-6622).

Please see additional Important Safety Information, including Important Warnings for CRS and neurologic problems, on page 10. Please see Medication Guide.





## Supporting your loved one

As a Care Partner, you're an advocate for your loved one. You work with the healthcare team to decide on a treatment plan and help your loved one through it all.

Some suggestions you may find beneficial are:

## Before appointments

Preparing for treatment can be stressful, but you can help by knowing your loved one's medical history before going to appointments.

## During appointments

You can help at appointments by being prepared with questions, taking notes during the conversation, and keeping track of upcoming appointments.

## After appointments

After appointments with the healthcare team, it's important to watch your loved one for any side effects they may have.



## Communicating with your loved one

When someone you love is going through treatment, it's easy to deprioritize your own needs. Having honest conversations about how you're feeling, how you can provide support, and what you need in order to avoid burnout can strengthen a relationship and help you provide the best care possible.

## Consider these tips:

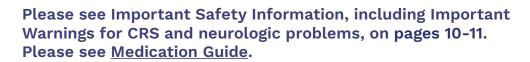
- Be available to talk, but don't force anything
- Remember that people communicate in different ways
- Take cues from the person you're caring for

- Be realistic and flexible about what you hope to discuss and where you can find agreement
- Respect your loved one's privacy or their need to be alone

## Care Partner & patient discussion guide

It's important that Care Partners and their loved ones are on the same page and are able to express their needs. Use these statements to help guide you when you are talking with your loved one about their treatment.

When you say	, it makes me	feel	·				
If I am feeling	, how can we	work through	n that together?				
If we need more suppor	t, we can bring in		as an additional Ca	re Partner.			
I can	to best respect your in	dependence	during treatment.				
The best time to check in with me about how I'm feeling is							
During stressful times, I	can	to make thir	ngs easier for both o	of us.			





## Taking care of yourself

When caring for someone with cancer, there can be high and low periods. It can be common to overlook your own needs. However, it is extremely important to take care of your own well-being, too.

## Understanding the possibility of burnout

Burnout is a state of physical, emotional, and mental exhaustion that can happen while you are caring for someone else.

#### What are signs of Care Partner burnout?

- Emotional and physical exhaustion
- Changes in appetite and/or weight
- Inability to concentrate
- Getting sick more often

- Irritability, frustration, or anger toward others
- Withdrawal from friends, family, and other loved ones; loss of interest in activities previously enjoyed
- Feeling hopeless and helpless

## Ask for help

Avoid taking on too much yourself. Don't be afraid to reach out to someone for help with:

- Chores, such as cooking, cleaning, shopping, or yard work
- Driving your loved one to appointments or picking up medicines
- Being the contact person to keep others updated



## Take the time you need

A little "me time" goes a long way when you're a Care Partner.

## **Engage in self-care**

It is important to remember that even though you are part of a team, you need to take time for yourself. Make a plan to:

- Avoid skipping personal appointments
- Make sure you eat well-balanced meals throughout the day
- Maintain a healthy sleep schedule
- Exercise, which can also improve your mood

### Manage stress

You are important, and neglecting your needs can contribute to stress. Your mental well-being is just as important as your physical health. Consider these stress reducers:

- Talk to a trusted friend or relative
- Go for a walk
- Meditate

## **Care Partner community**

Organizations within your community may offer services and support. Explore joining groups that can connect you with others who are in a similar situation and can lend a hand when you're in need.



## MyNavCare is here to support you



With *MyNavCare*, you and your loved one can receive personalized support throughout the treatment journey from a dedicated team that cares



#### A partner on the treatment journey

Your loved one's healthcare provider is your main source for treatment information. With *MyNavCare*, you gain access to additional resources and medication information.

- Dedicated support throughout your loved one's treatment
- Information about treatment access and financial support\*
- Insight into independent organizations that may provide additional assistance
- Additional tools and resources that may help along the way



#### Financial assistance for eligible patients

MyNavCare may be able to help uninsured or underinsured patients receive financial assistance and information. This includes:

- Co-pay assistance program for commercially insured patients\*
- Independent patient assistant foundation information<sup>†</sup>
- Genmab Patient Assistance Program



#### Ongoing personalized support

Your **Patient Engagement Liaison**<sup>‡</sup> provides ongoing support throughout treatment. They're dedicated to you, helping to:

- Provide information about your loved one's condition
- Connect you to third-party organizations that may be able to help
- Offer resources for you and your loved one

Contact a *MyNavCare* Support Specialist by calling 1-866-NAV-CAR1 (1-866-628-2271), Monday-Friday, 8 AM - 8 PM ET. You can also scan the QR code or visit <a href="https://www.MyNavCare.com">www.MyNavCare.com</a> to learn more.



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<sup>\*</sup>Based on eligibility requirements and Terms and Conditions.

<sup>&</sup>lt;sup>†</sup>Eligibility criteria are determined by each independent third-party foundation. *MyNavCare* does not determine eligibility and cannot guarantee foundations will offer assistance.

<sup>\*</sup>MyNavCare Patient Engagement Liaisons are part of the MyNavCare Patient Support Program and do not provide medical advice or work under the direction of the prescribing healthcare providers. They are trained to direct patients to speak with their healthcare provider about any treatment-related questions.

# Resources to support you and your loved one

Here are organizations that can help you and your loved one connect with others, and provide information and resources throughout treatment.





#### CancerCare

www.cancercare.org | 800-813-HOPE (4673)



**American Cancer Society** 

www.cancer.org | 800-227-2345



Lymphoma Research Foundation

www.lymphoma.org | 800-500-9976



The Leukemia & Lymphoma Society

www.lls.org | 800-955-4572



**Family Reach** 

www.familyreach.org | 973-394-1411 ext. 1



**Follicular Lymphoma Foundation** 

www.theflf.org | info@theflf.org

There are many available resources that may be helpful to patients, families, and Care Partners dealing with cancer. The above resources are not controlled, owned, or endorsed by Genmab/AbbVie, and Genmab and AbbVie are not responsible for their content.



## Important contact information

Write down contact information for members of your loved one's healthcare team and other emergency contacts for quick and easy access.

Doctor
Name:
Phone number:
Office address:
Nurses
Name:
Phone number:
Office address:
Name:
Phone number:
Office address:
Pharmacy
Name:
Phone number:
Pharmacy address:
Emergency Contacts
Name:
Phone number:
Name:
Phone number:

If you notice any unexpected side effects or unusual symptoms with your loved one, reach out to their healthcare team right away.

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## **Notes**

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# Partnering together every step of the way



Scan the QR code or visit <a href="EPKINLY.com/DLBCL">EPKINLY.com/DLBCL</a> for more information.

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